

Brian McCullough

425 20th Ave, So., Rm 410

Minneapolis, MN 55454

tel: (612) 267-5154

**ALEXANDER TECHNIQUE STUDIO:** I'm in the Cedar Riverside neighborhood near the University of Minnesota west bank campus.

The building is the Cedar-Riverside People's Center on the corner of Riverside and 20th Avenue. Look for an older brick building with green awning across the street from the old North Country food co-op. Use the door on 20th Avenue (not the medical clinic door)

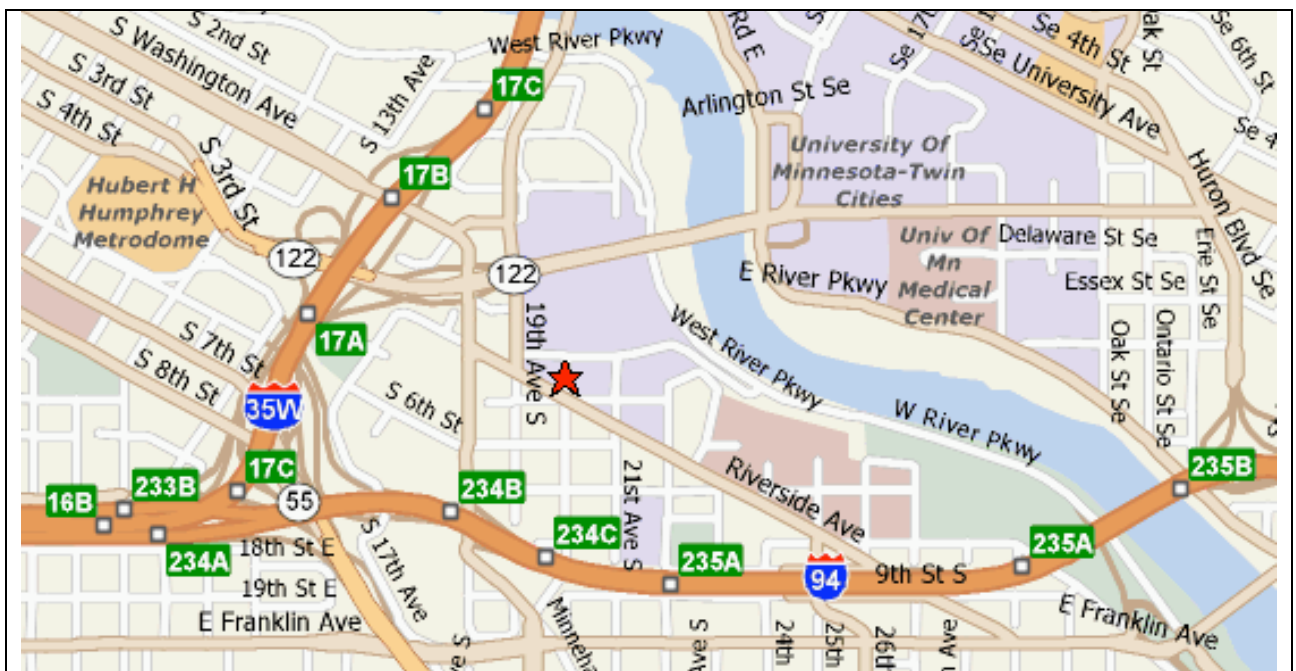
Take the Elevator or stairs to the 4<sup>th</sup> floor. I'm in Room 410

**PARKING:** There is FREE street parking available on Riverside Avenue in the 2000 block and on 5th and 6th Streets. There is a large parking ramp on my block. Entrance is on 21st Avenue.



#### FROM DOWNTOWN MPLS

Go east on Washington Av, which crosses over 35W. Stay right for Cedar Av. At 4th St/ Riverside Av, turn left on Riverside and go to the corner of Riverside and 20th Av.



**FROM THE EAST on I-94...** Take 94 West to the Riverside Avenue exit (#235A). Turn right on Riverside Avenue and follow it to the corner of Riverside and 20th Avenue.

**FROM THE SOUTH on I-35W...** Take 35W North to the 3rd Street/U of M West Bank exit (#17C). Follow signs for the U of M West Bank. Turn right onto Washington Avenue, which becomes Cedar Avenue at the bend in the road. At 4th St/Riverside Avenue, turn left and go to the corner of Riverside and 20th Av.

**FROM THE WEST on I-94...** Take 94 to the 35W North exit. On 35W, stay in the right lane and take the 3rd St/U of M exit (#17C). Follow signs for the U of M West Bank. Turn right on Washington Av, and stay right on Cedar Av. At 4th St/Riverside Av, turn left and go to the corner of Riverside and 20th Av.

**FROM THE NORTH...** Take 35W south to Hwy 280 south to University Avenue. Travel west to Washington Avenue. Follow this west under the bridge to Cedar Ave. Go left on Cedar. At 4th St/Riverside Ave, turn left and go to the corner of Riverside and 20th Av.